

Eat less meat for greater food security, British population urged (4 June 2013)

MP = Member of Parliament

someone who has been elected to a parliament to represent people from a particular area of the country

mitigate [vt]

to make a situation or the effects of something less unpleasant, harmful, or serious [= alleviate]

rampant [adj]

if something bad, such as crime or disease, is rampant, there is a lot of it and it is very difficult to control

spike [n]

a sudden large increase in the number or rate of something

obesity [n] * obese [adj]

when someone is very fat in a way that is unhealthy

epidemic [n]

a large number of cases of a disease that happen at the same time

entitle [vt, usually passive]

if a book, play etc is entitled something, that is its name

to give someone the official right to do or have something

converge [vi]

to come from different directions and meet at the same point to become one thing

if groups of people converge in a particular place, they come there from many different places and meet together to form a large crowd

nutrition [n]

the process of giving or getting the right type of food for good health and growth

underlie [vt]

to be the cause of something, or be the basic thing from which something develops

urgent [adj]

very important and needing to be dealt with immediately

complacency [n]

a feeling of satisfaction with a situation or with what you have achieved, so that you stop trying to improve or change things

hard-pressed [adj]

having a lot of problems and not enough money or time

shed [n]

a small building, often made of wood, used especially for storing things or animals

come under fire [idiom]

to be criticized

fertile [adj]

fertile land or soil is able to produce good crops

scrutiny [n]

careful and thorough examination of someone or something

contraception [n]

the practice of preventing a woman from becoming pregnant when she has sex, or the methods for doing this [= birth control]

reproductive [adj]

relating to the process of producing babies, young animals, or plants

insistence [n]

an act of demanding or saying something firmly and refusing to accept any opposition or excuses

conservative [n, adj]

someone who does not like changes in politics, ideas, or fashion

domiciled [adj]

(to be domiciled in) to live in a particular place

implement [vt] > implementation [n]

to take action or make changes that you have officially decided should happen

tenure [n]

the legal right to live in a house or use a piece of land for a period of time

the period of time when someone has an important job